



EQUINE ASSISTED THERAPY SERVICES
Specializing in helping military members and their families

Thank you sincerely to all who are actively participating in the work of Building Bridges Foundation – YOU are establishing a future

and making a difference in a broken world!

It's a beautiful and busy season at the Farm! We, invite and welcome your volunteer partnership in working our property to facilitate our services, sustain farm operations and allow us to enlarge our care programs. The grounds have been recreated into garden space (flowers and trees and other stuff if we have able and willing gardeners). Benches given in memory of military service friends and family are set around the property (it's ok to bring a book and rest awhile)!

There are six thoroughbreds (former race horses) that partner with four State Credentialed Behavioral Health Therapists and Equine Assisted Therapists in offering recovery programs for Veterans and their families. All Administrative and Service personnel at Building Bridges are volunteers. The State Certified Behavioral Health Providers that work with the Veteran participants are contract service personnel and paid accordingly. All services are no cost to the Veterans and their families.

Some of the immediate ways Volunteer Service Friends & Teams can participate include: Cleaning and painting (white) the 8 stalls and the tack and feed rooms in the barn; yard cleanup / raking of a 50 ft square area including power cleaning and repair work to strengthen a gazebo; planting some flowers (each volunteer given a 5 ft square area and plants); weeding existing flower beds; Sweeping the two levels of the barn and organizing a row of shelving and space at one end of the barn; possibly mowing; recreating an outdoor fire pit so it functions by design for multi purposes - if you have some artists/design skills you can make a difference here; grooming the horses in team with a horse handler; walking the horses in team with a horse handler; cleaning up wind-blown branches from the paddocks; feeding the horses. All the tools needed are on site.

If you are a "signed up" volunteer or if you would like to be! **AND** you are available to offer Volunteer time through May and June contact -

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Building Bridges Foundation at Anderson Farm, 230 Indian Hill Road, Conestoga PA 17516