



EQUINE ASSISTED THERAPY SERVICES
Specializing in helping military members and their families

SPECIALIZING IN HELPING MILITARY MEMBERS AND THEIR FAMILIES
Offering Equine Assisted Therapy Programs with State Credentialed Mental Health, and Equine Assisted Specialists.
Professional Fees covered by Building Bridges Foundation Mission Action Plan / Annual Budget

SUMMER NEWSLETTER 2018

“Building Bridges Foundation is an awesome tool for helping us veterans to find some normalcy in our lives....” SFC retired Army

May, June, July and August have jump started some best ever get acquainted meetings with people that have signed up to partner with Building Bridges Foundation as volunteers, and with some longtime volunteers that decided to serve in other ways. The Board of Directors have heard reports *and celebrate the 115 people / volunteers*, that stand ready to care for veterans and their families through working the services of our programs and sustaining farm operations. We have a grand measure of amazing genius and skill to call upon...and they all have friends! A picture of the Corporate Organization Flow Chart is highlighted as part of this Newsletter along with recent / current projects, **Auction Sale – sale list for September 15th event, ongoing program features and a calendar list of events.**

The positive happy ambiance that greets the rush of morning is evidence that our volunteers are purpose driven in their efforts to help military members and their families step into peace of mind experience victory in their ongoing life journey, comfort through the seasons of remembering and understanding for each other along the way.

The community (neighborhood) is blessed to have this place of refreshing that sows and harvests good will.

The 21 acres of property, facilities, service motivated staff, volunteers and gifted horses that perpetually beat out

the Mission of Building Bridges Foundation is rooted in the soul, generosity and inspiration of the founder, compelled to “remember our veterans” in response to the loss of his brother, who gave his best for the country but did not survive the burden of trauma.

ONE person, has pulled “the picture” together (donated it as a Foundation and registered it as a nonprofit in 2016) and continues to invest time, intelligence, business experience, life and resources to make it possible.

Be sure you find time to meet Dave Anderson (Veteran). He is your neighborhood friend.

The Newsletter is posted seasonally by Ann Marie Shaw, Executive Director of Development for Building Bridges Foundation at Anderson Farm – annmarie@buildingbridgesfoundation.com | phone 717.368.3019 | text 574.849.3232
All volunteer time will be thankfully acknowledged and celebrated. All financial donations will be thankfully acknowledged and receipted. You can give directly on our website at: www.BuildingBridgesFoundation.org/Donate



Toby is the eldest son of Lou and Laura Staffieri.



Toby is a “new friend” of Building Bridges. Larry Consylman (Veteran, Volunteer and Building Bridges Lobbyist) met him In Darrenkamps Grocery Store - Toby introduced him to his mom and dad (a Veteran). Toby signed up to help Building Bridges by selling hats like the one Larry gave him. Fifty of them are currently on order and will be sold at Building Bridges Community Appreciation Day on September 15 – for every hat sold \$4.00 goes to Building Bridges Mission Action Plan / Budget.

★ **Veterans'** ★
Expo & Job Fair

Please join us for this **FREE** event!

November 1, 2018
9 a.m. – 2 p.m.
Farm and Home Center
1383 Arcadia Road, Lancaster

★★ **VeteransExpo.com** ★★

Director of Veteran Connections, Jim Bridge (Veteran) is championing our Visibility and strategic support by participating in **The Lancaster Veterans Expo** event on **November 1, 2018 • 9 a.m. - 2 p.m.** at the Farm and Home Center 1383 Arcadia Road Lancaster. An opportunity for Veterans & Community Service Providers to get acquainted. Our table draw will be a \$450 Building Bridges Equine Assisted Therapy Scholarship.

APARTMENT RENOVATION NEARS COMPLETION



Friends / Volunteers pictured here:
John Hart (Veteran), project manager, & Carpentry; Craig Eshelman installing the flooring; Ed Rankin putting in a toilet (in 80-degree temperature); and Jim Blain doing dry wall.



Gratitude is the attitude toward volunteers representing the trades of carpentry, plumbing, dry walling, painting, utility hook ups, electrical, floor installation, in team with project management provided by John Hart (Veteran) a strategic “tear down” crew and a best ever “clean up” crew have torn apart and restored the two-bedroom apartment on the second floor of the barn; creating a new home for our Horse Care and Farm Operations Assistants Ray and Norma Clare.

◆ These men do not know what good news they are every time they drive on site!

◆ They do not know how great they are.

◆ They do not know how much they have loved.

◆ They do not know the value of their time / life investment.

They do this simply because : they care beyond themselves.

Horsemanship is a “constant” at Building Bridges Foundation at Anderson Farm. Every day brings it into view – and sometimes into the lens of the camera....



James Baumgardner (Veteran) makes the lesson look easy! The rope is in the hands of a pro.



Lori Hehnlly and Tammy Moyer volunteer for horse care AFTER or before their day jobs.



Chuck Lewis Capital Projects Volunteer and Linda Lewis Director of Volunteers Anastasia & Catherine's 1st lessons start with a dog.

We celebrate having cared for 12 Veterans so far in 2018 through our Equine Assisted Therapy services, Coordinated by Allyson Plasterer - Executive Director of Equine Assisted Therapy and Farm Operations. The Building Bridges Mission “to provide a safe space for veterans and their families, those suffering from trauma and loss, and those who are struggling with cognitive and emotional challenges.” Is motivation for ongoing efforts to reach out to Veterans to enter into our Equine Assisted therapy program. We have the property asset capacity and horse count to care for 4 X our existing registration. In keeping with our Vision Statement (founding document) we are advancing with providing “**other support services to Veterans and their families so they have opportunity to heal and thrive in life.**” Four tracks are emerging:

- 1) Horsemanship (open to all). The first series was launched this summer.
- 2) Free Space – a “stop in and talk awhile” room in the barn has been designated as a place to enjoy the quiet, or the company of others! We look to the day when we have our own Veterans’ Café with a well-equipped resource library.
- 3) *Next Steps* will be a guided six-week program series on caring for body, mind and soul. (Inspired by author Laura Hillanbrand ‘s *An American Legend* (2001) and *Unbroken: A World War II Story of Survival, Resilience, and Redemption* (2010), have sold over 13 million copies, and each was adapted for film.)
- 4) Veterans Helping Veterans is an opportunity for Veterans to engage in volunteer service to help other Veterans

Why should you participate in **The 2018 Extraordinary Give?**

It's a Community wide celebration of giving orchestrated by the Lancaster County Community Foundation and benefits the work of more than 400 local organizations.

Building Bridges Foundation at Anderson Farm has completed registration request and been approved as one of 400+ expected participants. Our Lead person for Building Bridges, Patty Yeager supported by her husband Tom Yeager (Veteran).

We need your support to continue to achieve success in caring for Veterans by offering Equine Assisted Therapy programs serviced by State Credentialed Mental Health and Equine Assisted Therapists.

Each series of 6 therapy sessions costs \$540.00 (90.00 / hour) and is a Mission Action Plan / Budget priority. Our goal is to double within the next 12 months.

We are currently operating at 25% of the property and horse asset capacity. All CEO and Executive leadership are volunteers.

HOW IT WORKS

ON NOVEMBER 16, 2018, VISIT EXTRAGIVE.ORG

LEARN ABOUT THE WORK OF MORE THAN 400 ORGANIZATIONS

DONATE ON LINE TO A CAUSE YOU CARE ABOUT (min \$25.00)

Offline Donation forms are available to facilitate donations of \$10,000.00 or more.

Thanks to Rogers and Associates, The High Foundation and all of the 2018 ExtraGive sponsors, each donation will be stretched by more than HALF A MILLION DOLLARS!

THIS EVENT IS LANCASTER COUNTY'S LARGEST DAY OF ONLINE GIVING!

Auction Sale **September 15 at 12:00 p.m.**

The sale will be a special feature of the **Community Appreciation Day** that will be held on the Building Bridges property from 10:00 a.m. – 4:00 p.m.

There will be a minimum of 15 items for sale – donations with a value of \$200. Or more.

Donors of the items will get a tax receipt for the amount the item sells for.

If you have an item to donate that qualifies for this live auction
please call 717-368-3019 or text 574-849-3232

WDAC Radio will be blasting to their 80-100,000 listeners the first week of
September. News Papers, Sale Posters and Flyers will be bringing you more
information on other ways you can participate.

-Some of the 1st donations and donors are pictured next-

English Riding Saddle in excellent condition



"Tour for Ten" of Cal High's Classic /
Antique Car Collection.



A fabulous painting: A Horse
is a Horse unless of course...

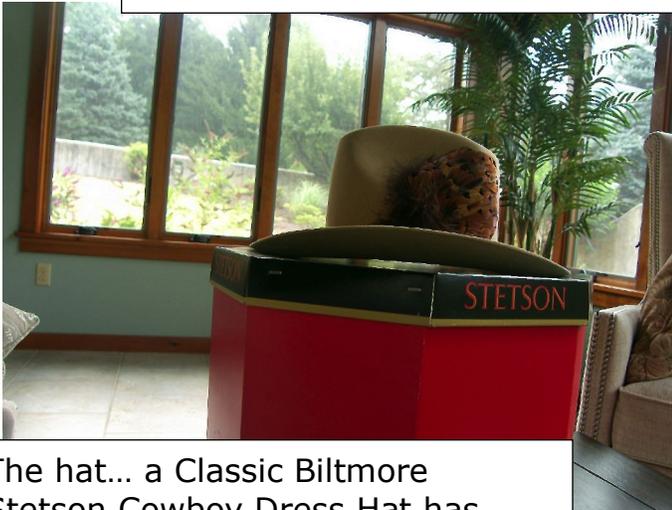
First donation to the sale – 3 western riding saddles in excellent
condition!

Violin – Made in Nippon



Around 1890 the United States passed a law requiring that all imported merchandise be labeled with the name of the country of origin. The stuff coming from Japan was marked "Nippon" because "Nippon" means "Japan" in Japanese. Then around 1920 the law was amended to require that imports be labeled with the name of the country of origin in English, so the stuff coming from Japan stopped saying "Nippon" and started saying "Japan." This dates this violin to 1890-1920. Most "Nippon" violins were imported during World War I. Previously, most imported violins came from Germany, but with the War this became impossible, first because the Germans were too busy with war to make violins, and later because Germany became an enemy with whom trade was forbidden. The little circular design inside the violin is three interlinked "S"'s, this being a logo for the Suzuki Company.

Classic Biltmore – Stetson Dress Hat



The hat... a Classic Biltmore Stetson Cowboy Dress Hat has Never been worn. NOS in original box.



The gun is a Browning Collectors 30-06 Rifle in a walnut glass enclosed case and never fired. It's a Browning Trophy Edition Deer Bar # 138 out of 500 ever made.

Advertising Time: 10 ft by 30 ft Digital Sign – corner of Brooks Avenue and 272 South.

COMMUNITY APPRECIATION DAY
SEPT 15TH 10AM - 4PM
AUCTION 12PM
 230 INDIAN HILL ROAD, CONESTOGA



BuildingBridgesFoundation.org
Volunteer | Support | Donate

1	<u>Tour for Ten</u> of Cal High's Classic / Antique Car Collection	A Collection of 30 rare and valuable automobiles.
2	Philadelphia Eagles Football 2 nd row game tickets for two. Includes private parking.	
3	Florida Ranch 5-day Destination stay (Winter Months) Travel not included.	
4	Three day Florida Ranch Wild Boar Hunting Destination Experience for two. Travel not included.	
5	Three Western Riding Saddles In "like new" conditions	1) A Martin Saddle, 17 inch. Attached breast collar and back cinch. 2) A Texas Circle Y Saddle. Swell Front. Back cinch with breast collar. 3) An Adams Saddlery Texas Youth Saddle.
6	A Niagara Falls Canada, Four Day Destination Stay. A three-bedroom, 3 bath home.	
7	A Classic Stetson Biltmore Western Dress hat.	
8	"A Horse is a Horse..." Painting by Laura Tedesco.	
9	Advertising Time on the 10 ft by 30 ft digital sign At Brooks Avenue and 272 South.	
10	Browning Trophy Edition Deer Bar 30-06. #138 out of 500 made. Gold Plated in a Walnut Case.	
11	Classic Tiffany 70's English Saddle/ In excellent condition.	

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Summer and Fall Calendar Events:

Building Bridges Foundation at Anderson Farm	
July 20 & 27	Gathering Events for all volunteers that have signed up / given time during the last 18 months will received an invitation to attend one of these events – RSVP calls were made.
July 28	Building Bridges Foundation at Anderson Farm *Open House 1:00 p.m. – 7:00 p.m.
August 17	A Gathering Event will welcome all Individuals / businesses / service clubs that have donated in the last 18 months.
August 18	Building Bridges Foundation at Anderson Farm *Open House 1:00 p.m. – 7:00 p.m.
September 15 10:00 A.M. – 4:00 P.M.	Community Appreciation Day – a fun day including a live Auction Sale, A silent Auction table, Children’s Features, Venders, Sponsors and <u>Summit Hill Blue Grass Band</u> featuring Traditional Blue Grass, Classic Country, Bluegrass Gospel and Patriotic.
November 10	Building Bridges Foundation at Anderson Farm welcomes you to enjoy Open Barn, Open Meadows – meeting the horses (bring some carrots), touring the park like yards, meeting staff that may be onsite (ring the doorbell so we can meet you), sit awhile and enjoy the stillness, (watch for deer or fox in the driveway).
November 11	Recognitions Day Program: Acknowledging Memorial Benches and Prisoners of War. Veterans Day memorial service / tribute.
November 16	Building Bridges will be participating as a “giving option” to benefit from your donation in the Lancaster County Community Foundation- Extraordinary Give fund raising program.
December 16	A winter fun event for Veterans and Families: A sit down dinner (maybe spaghetti) with Veterans serving! Christmas and Patriotic Music.

*Building Bridges Foundation at Anderson Farm Property is open for you to enjoy – meeting the horses (bring some carrots), touring the park like yards, meeting staff that may be onsite (ring the doorbell so we can meet you), sit awhile and enjoy the stillness, (watch for deer or fox in the driveway).